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## Blood Sugar 101 What They Dont Tell You About Diabetes

**blood sugar and a1c charts - diabetes meal plans** - blood sugar and a1c charts firstly, blood sugar and blood glucose refer to the same thing. whether you have type 2 diabetes or prediabetes, keeping a daily log of your blood sugar levels helps you become more aware of what's **type 2 diabetes 101 - workhealthlife** - in fact, controlling your blood sugar can reduce your risk of having a diabetes-related heart attack or stroke by over 50 per cent. take prescribed diabetes medication. **diabetes diet: the 101 best diabetic foods** - the "magic" ingredients in this amazing "candy" have been proven to lower blood sugar. get the book loaded with healing foods and recipes and it's also free today. **diabetes 101 - michigan medicine** - diabetes 101 taking charge. how often ideal level your result a1c measures blood sugar control lowering your a1c reduces diabetes complications every 3-6 months less than 7% blood pressure control lowering your blood pressure reduces strokes every visit less than 135/80 cholesterol (ldl) level lowering your ldl level reduces heart attacks every year less than 100 mg/dl diabetes kidney ... **gc control lifestyle guide - melaleuca** - blood sugar 101: your body changes the foods you eat into glucose. glucose is your body's primary source of energy. when glucose enters the blood, your body releases the hormone : insulin. what's causing this epidemic? a combination of high-sugar, high-carbohydrate diets and a lack of activity is : the root cause of metabolic syndrome and prediabetes. so what's happening in our body with ... **clinilog - diabetes blood glucose meters and test strips** - clinilog ® blood sugar logbook. sample log personal information name \_\_\_\_\_ address \_\_\_\_\_ city, state, zip \_\_\_\_\_ phone number \_\_\_\_\_ ... 101 10:10 am 145 1:25 pm 118 99 110 129 127 138 151:15 50 pmp 25 84311015\_cnrnext\_ez\_clog\_en\_fpb1\_v0dd 6-7 2/9/12 2:22 pm 77 75 72 71 74. week of breakfast lunch day medication/ insulin medication/ insulin m t w th f s s dinner other comments medication ... **insulin and diabetes - rcsb** - insulin and diabetes insulin is one of our most important hormones. it coordinates the action of cells throughout the body, making sure that they are managing uptake, use and storage of blood sugar correctly. **blood glucose monitoring system - freestylediabetes** - the freestyle freedom lite blood glucose monitoring system is intended for use in the quantitative measurement of glucose in capillary whole blood from the forearm, upper arm, thigh, calf, fingers and hand and venous whole blood. **blood glucose monitoring system - freestyleserver** - important information about your freestyle lite blood glucose monitoring system how the freestyle lite system should be used • the freestyle lite system is intended for use outside the body (in other words, in vitro diagnostic use only). • the freestyle lite system is used for measuring blood glucose (also known as blood sugar) from samples taken from the forearm, upper arm, hand, thigh ... **diabetes 101 the basics of diabetes care - uwsp** - • blood sugar levels are over 250 mg/dl for more than 2 checks • fever 101 or higher for more than 24 hours • vomiting and/or diarrhea for more than 6 hours • not sure what to do to manage situation . 10/30/2017 12 how to manage sick days (cont) symptoms of diabetic ketoacidosis (dka) include those for high blood sugar plus: "fruity" smelling breath nausea vomiting stomach cramps ... **calf scours 101 - colorado state university extension** - weight loss and the potential for hypoglycemia (low blood sugar). if untreated, these changes if untreated, these changes can be severe enough to result in death. **what affects blood sugar? - cmhsrp.uic** - your sugar may get too high if you: eat more than usual if your blood eat foods high in sugar exercise less than usual have a lot of stress **ge100 blood glucose monitoring system user manual** - thank you for selecting the ge100 blood glucose monitoring system. this manual provides all the this manual provides all the information you need to operate this product for accurate test results.

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